

BAR SNACKS

- DEVILED EGGS** 9
thick cut bacon
- SWEET POTATO TOTS** 7
spicy bbq
- CRISPY BRUSSELS SPROUTS** 9
balsamic, parmesan, lemon-garlic aioli
- HUMMUS** 10
roasted garlic hummus, herb tomato, naan, garden vegetables
- HAND CUT FRIES** 8
dry rubbed • sea salt • parmesan garlic - 2
choice of 3
foothill farms ranch • tomato caponata
parmesan peppercorn • smoked jalapeño aioli
spicy bbq • white bbq

ESSENTIALS

- CRISPY CHICKEN WINGS** 14
carrots + celery
• smoked: spicy bbq, white bbq
• spicy buffalo: foothill farms
ranch or blue cheese
- CLASSIC SINGLE SLIDERS** 14
american cheese, lettuce, tomato, onion,
pickles, house sauce *make it a double* • 3
- TUNA POKE*** 15
marinated raw ahi, avocado, scallion,
mango sesame glazeze
- SEASONAL GUACAMOLE** 10
juagillo rubbed chips, seasonal fruit, cilantro
- GRILLED CALAMARI*** 14
pickled peppers, tomato caponata
- SPICY GRILLED SHRIMP*** 16
arugula, cilantro



"A Bull & Bear Fan Favorite"

SOUPS + SALADS

- DAILY SOUP** 8
- PULLED CHICKEN** 16
mixed greens, apple, walnuts, dates,
avocado, fennel, goat cheese,
honey-cilantro vinaigrette
- QUINOA HEARTS OF PALM** 13
mixed greens, corn, zucchini, tomato,
egg, hearts of palm, green bean, feta,
onion, red wine vinaigrette
- THE CHOPPED** 14
chopped romaine & iceberg, truffle salami,
bacon, provolone, parmesan,
cherry tomato, kalamata olives, radish,
honey red wine vinaigrette
- SOUTHWESTERN** 16
grilled chicken, crisp romaine,
napa cabbage, avocado, corn, black beans,
monterey jack, aged cheddar,
chihuahua, pico de gallo, tortilla strips,
chipotle lime dressing
- GREEK** 13
chopped romaine, kalamata olives,
red & yellow peppers, grape tomato,
shaved red onion, cucumber, pepperoncini,
feta, red wine vinaigrette
- SKIRT STEAK & ARUGULA** 16
balsamic red onion, cherry tomato,
crispy garlic, maytag blue cheese,
ginger lime dressing

ADD ONS

- grilled chicken 4 • smoked turkey 4*
pulled pork 4 • skirt steak 7
grilled shrimp 8 • salmon 8

NACHOS 11

sea salt tortilla chips, oaxaca, pepper jack & cheddar blend,
black beans, pico de gallo, sour cream, lettuce, guacamole

ADD ONS

chicken 4 • pulled pork 4 • chorizo 4 • steak 7

GLUTEN FRIENDLY

**see disclaimer below*

CLASSICS

choice of dry rubbed, sea salt, parmesan garlic fries • 2, sweet potato tots • 2

THE BURGER 15

american cheese, lettuce, tomato,
onion, pickle, garlic mayo

add house smoked bacon • 2 add fried egg • 2

CHICKEN BURGER 14

sharp cheddar, caramelized onion,
tomato, avocado, white bbq

GRILLED CHICKEN SANDWICH 14

grilled chicken breast, bacon, havarti cheese,
avocado, lettuce, roasted tomato aioli

HOUSE SMOKED TURKEY SANDWICH 13

havarti cheese, roasted cherry tomatoes,
shaved red onions, baby greens, citrus aioli

BLT 12

thick cut bacon, iceberg lettuce, beefsteak tomato, herb aioli
add avocado • 2 add turkey • 2 add fried egg • 2

STEAK FRITES 22

10oz grilled skirt steak, sea salt fries

DAILY SPECIALS

MONDAY CHEESESTEAK 12

TUESDAY BURGER + BEER 10

WEDNESDAY TACOS 16

THURSDAY CRAB CAKES 14

FRIDAY CHEFS CHOICE

ask your server if you can enjoy today!

TACOS 15

corn • lettuce wraps

SKIRT STEAK

queso fresco, shredded lettuce,
pico de gallo, salsa roja

CARNITAS

roasted pork, onion, cilantro,
oaxaca, salsa verde

BAJA FISH*

crispy mahi-mahi, citrus slaw, pineapple,
habanero crema, guacamole

BRAISED CHICKEN

avocado and cabbage slaw,
salsa roja, pickled peppers

SMOKED BBQ

limited quantity available

BRISKET SLIDERS 14
spicy bbq

PULLED PORK SANDWICH 15
crisp napa slaw, spicy bbq

WAGYU BRISKET DIP 17
swiss cheese, grilled onion, stout jus'

BBQ 1/2 CHICKEN 18
spicy bbq, white bbq, napa slaw, sea salt fries

MUSSEL BOWLS* 17

one pound of bar harbor mussels

SPICY TOMATO-GARLIC

calamari, tomato caponata, garlic, basil

FISH MARKET*

CRISPY MISO GLAZED SALMON 22

sauteed spinach, sticky rice, crispy potato strings, ginger-soy